

QUG – DLAIM NTAWV QHA QHOV TSEEB

Tshaaj tawm lug ntawm Wisconsin phaab saib kev noj qaab haus huv, Ceg paab cuam rua kheeb hab tsev neeg

Qug yog dlaab tsi?

Qug yog ib haaj voog paug luij kws yuav ua rua ib tug tuab neeg kws tau tug mob nuav lub tsev quav ncaug o tuaj.

Leej twg ha yuav mob qug?

Txhua tug tuab neeg tsi has tug hlub tug yau kws tsi tau mob qug dlua ib zag le los tsi tau txhaaj tshuaj tiv thaiv haaj mob nuav yuav muaj tug mob nuav tau.

Qug ho sis kis le caag?

Cov kaab mob kws nyob rua huv tug neeg mob cov quav ncaug yuav hlaa tau ntawm ib tug tuab neeg moog rua ib tug thaus tug muaj yaam mob nqu, txhub los has lug. Qug tsi kis zoo npaum le qoob los qhua pas.

Thaus cuab mob zoo le caag hab yog mob lawm ne nwg mob le caag?

Thaus pib mas muaj ntsis kub ib ce, mob taub hau, mob ib ce hab pheej tsi lug sav. Raws le pheej muaj mas lub ncov txig hab pob tsaig (taub quav ncaug) pheej kheev o ib los ob saab tuab si thaaj tsaam le 2 nub tom qaab tau tug mob lawd.

Thaus tug mob kis rua yug lawd ne ntev le caag ha le tshwm tuaj?

Miv nyuas yuav pib mob le 2 rua 3 lim tam tom qaab kws tug mob kis rua puab lawd.

Doctor ho paub le caag tau tas ib haaj mob yog mob qug?

Qov paub tseeb yog tso tshaav kuaj.

Thaus twg hab ntev le caag es ib tug tuab neeg qhov mob qug maam le kis tau?

Le 3 moog rua 4 nub tom qaab paub tug mob lawd.

Yaam nyuaj rua kev muaj mob qug yog dlaab tsi?

Kwv yees le 1 ntawm 10 tug miv nyuas kws mob qug yuav mob meningitis (dlaim npluag kws qhwv cov hlwb hab cov hlwb txhaa nqaaj qaum yuav kub heev). Qee zag, qug kuj nthuav tug mob hu ua encephalitis, kws kub rua cov hlwb nkaus xib. Feem ntau, tug miv nyuas yuav zoo lug yaam tsi muaj tej kev mob kws yuav puag taag sim neej. Kwv yees le 1 ntawm 4 tug huv cov hluas los quas laug kws mob qug tseem o rua lub noov qais hab. Qug muaj peev xim, tuab sis tsawg zag kawg, ua tau rua laag ntseg (kwv yees le 1 ntawm 20,000) tug los cov pluj tuag muaj (kwv yees 1 rua 10,000 tug).

Puas muaj kev khu cov qug nuav le?

Yeej tsi muaj ib yaam tuab quas zoo lug khu tau qug nuav le.

Es puas tiv thaiv tau qug?

Tau kawg. Cov tshuaj tiv qug nua muab xyaw nrug tshuaj tiv qoob hab Rubella (hu ua MMR vaccine) kws pheej txhaaj rua cov miv nyuas 12-15 hlis hab cov 4-6 xyoo. Ob koob tshuaj nuav ces yeej tiv thaiv tau moog taag sim neej le.

Kev mob qug dlhau lug puas ua rua ib tug twg dlim haaj mob nuav ib sim neej?

Dlim mas. Yeej tseem muaj kev ntseeg tas yog ib tug tuab neeg mob qug rua ib saab plhu xib mas tseem yuav mob dlua ib zag ntxiv hab. Qhov nuav tsi muaj tseeb.